

# SPIRITUAL LIFE

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## Explore your faith. Refresh your spirit.

Welcome! Campus Ministry is here to support you and accompany you on your Alverno journey. We're here to listen, to share resources and to offer opportunities to come together for prayer, worship and community service. We are a Catholic institution, but whatever your faith background – and many are represented and welcome on campus – we are here to invite you into more reflection about who you're called to be, your purpose in the world, and how your education might prepare you to make a difference.

Our Catholic, Franciscan roots are the foundation for all we do and the reason we're committed to creating a welcoming and inclusive campus. Campus Ministry connects us to those roots and builds bridges. Whether you're looking for guidance as you grapple with life's big questions, a listening ear while grieving a loved one, or simply a friendly place to decompress between classes, Campus Ministry's door is always open.

## Campus Ministry Mission

Alverno College Campus Ministry fosters the spiritual growth of students, faculty and staff through prayer and liturgy, service and social justice education, retreats, and spiritual conversations. Rooted in the Catholic tradition and inspired by the charism of St. Francis, we invite people to reflect on their faith journey, their gifts, and the world's needs. We welcome and accompany persons of all faith traditions.

Campus Ministry is located in Founders Hall 259, behind the Chapel of Mary Immaculate.

## Get Involved

Campus Ministry's many programs include:

- Coffee and Community, Mondays from 9:30–11 a.m.
- Daylong and overnight retreats
- Weekly Masses and prayer services, inclusive liturgical celebrations to mark commencement and other special occasions
- Volunteer opportunities – from one-time events to weekly commitments ranging from serving meals to the homeless to neighborhood beautification projects
- Sister Friends Program, which connects students with the School Sisters of St. Francis, Alverno's founding order

## Sacred Spaces on Campus

Whether you are searching for a place to reflect between classes, a quiet space to pray, or a chance to worship with a community, Alverno offers a number of spaces to students to breathe and be. Campus Ministry maintains these spaces; for reservations or suggestions, contact the Director of Campus Ministry.

- The Chapel of Mary Immaculate, located on the second floor of Founders Hall
- Student Reflection Room, Christopher Hall 102

## Contact:

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