

# ART THERAPY (AT)

## **AT-130 Aesthetic Engagement Ext Assessmnt Lev 1 (0 credits)**

The student use 4-5 works of her own art from the semester to analyze her personal process of growth and understanding as related to her use of the creative domains of artmaking, her understanding of the Art Frameworks (Content-Form-Intent, Intent-Form-Content, Constructionist, and Community Arts Framework), the ways in which her art making reflects the nature of her aesthetic responsiveness while reflecting or connecting to her values.

*Prerequisite(s):* A-189S completed or concurrent registration.

## **AT-210 Art Therapy Field Experience 1 (1 credit)**

In this course the student applies her knowledge in guided observation and interaction with art therapy participants and on-site professionals.

*Prerequisite(s):* AT Majors only: QL-156 completed or concurrent, A-193C & PSY-110 completed or concurrent Additional Information: Must file application and placement form with Art Therapy Field Coordinator. See Art Department Resource Page in Moodle

## **AT-215 Art Therapy Field Experience 2 (1 credit)**

The student applies art-therapy frameworks through the development of appropriate therapeutic plans, applying models of effective interaction and facilitating therapeutic plans developed by others. Placements include long-term care facilities, rehabilitation programs, adult day programs, or community youth programs.

*Prerequisite(s):* AT Majors only: AT-210 completed.

## **AT-230 Aesthetic Engagement Ext Assessmnt Lev 2 (0 credits)**

The student attends a Level 2 External Assessment and provides feedback to the participating Level 1 students on their strengths and areas needing improvement as they discuss their use of the art elements and principles of design, their applications of the creative domains/ models of art making and their ability to analyze their applications of the visual arts frameworks.

*Prerequisite(s):* AT-130 completed.

## **AT-285 Art Therapy (3 credits)**

Offered in Fall Terms only The student explores the theory, techniques and practical material necessary to evolve into a competene professional. She develops an understanding of the art therapist's ability to effect therapeutic change with a variety of populations, focusing primarily on children with learning disabilities.

*Prerequisite(s):* Open to all students: no prerequisites. Required for AT Majors. Prerequisites: A-193C.

## **AT-330 Aesthetic Engagement Ext Assessmnt Lev 3 (0 credits)**

The student applies her knowledge of the creative domains in the context of art frameworks for interpretation (critical/analytical, constructionist, deconstructionist or Formal) and engagement (content-form-intent, intent-form-content, Community Arts) and the aesthetic models to the art works of others as she articulates the role and responsibility of the students in their Level 4 Aesthetic Engagement External Assessment.

*Prerequisite(s):* AT-230 completed.

## **AT-386 Media & Methods in Art Therapy (4 credits)**

This course provides the student with the skills necessary to interpret diagnostic assessments, to perceive developmental deficits and behavioral needs, to formulate prescriptive plans, and to perform therapeutic intervention, using art as a treatment medium.

*Prerequisite(s):* For AT Majors: AT-285 completed.

## **AT-387 Adaptive Field Experience (1 credit)**

The student applies therapeutic skills in small-group or one-to-one clinical settings, and develops the ability to integrate knowledge with skills of social interaction and communication.

*Prerequisite(s):* For AT Majors ONLY: AT-285 & AT-215 completed. Must file application and placement form with Art Therapy Field Coordinator. See Art Department Resource Page in Moodle

## **AT-387A Clinical Experience in Art Therapy (1 credit)**

The student applies therapeutic skills in small-group or one-to-one clinical settings, and develops the ability to integrate knowledge with skills of social interaction and communication.

*Prerequisite(s):* For AT Majors ONLY: AT-285, AT-210 & AT-215 completed; AE/AT-386 completed or concurrent registration.

## **AT-395 Ext Assessmnt Aesthetic Engagement Lev 4 (0 credits)**

The student demonstrates integration of discipline domains, frameworks and models in her own work to an external audience.

*Prerequisite(s):* Required for all AT Majors: A-134, A-399 and AT-285 completed or concurrent.

## **AT-396 Art Therapy & Practical Application (3 credits)**

Course offered in Spring terms only. Drawing on the student's previous experience in the disciplines of visual art, art therapy & psychology, as well as her prior learning in communication, social interaction, effective citizenship and problem solving, this course will assist the student indeveloping the skills necessary for assessing, planning, facilitating, adapting & evaluating therapeutic art processes for older adolescents, adults and the aged. Classroom discussions and hands on therapeutic art will assist the student to deepen her understanding of the relationships between theory and practice, in working with psychiatric populations across the lifespan. These areas will assist the student in clarifying whether a career in art therapy matches the student's own goals, abilities, values, and interests, and supports them in focusing on employments contexts.

*Prerequisite(s):* Required for all AT Majors: AT-386 & AT-387 completed or concurrent

## **AT-400 Ext Assessmnt Aesthetic Engagement Lev 5 (0 credits)**

The student assembles her work to date in a portfolio and presents it to an audience of peers and faculty.

*Prerequisite(s):* Required for all A Majors. A-395 or AE-395 or AT-395 or MDIA-395 completed.

## **AT-410 Art Therapy Field Experience 4 (1 credit)**

The student develops her ability to assume the role of art therapist and to meet client needs through developing and implementing effective therapeutic plans. Typical placements might include youth and adult residential facilities and community-based settings such as programs for those affected by domestic violence or mental illness.

*Prerequisite(s):* AT Majors only: AT-387, AT-386, PSY-250 completed; All abilities through level 3 & Social Interaction Level 4 completed.

## **AT-450 Ext Assessmnt Aesthetic Engagement Lev 6 (0 credits)**

The student uses feedback from her level 5 portfolio assessment and upper-level course frameworks to develop a significant body of advanced arts research for public gallery presentation.

*Prerequisite(s):* Required for AT Majors. AT-400 completed.

## **AT-482 Ext Assessmnt Effective Citizenship Lev4 (0 credits)**

The student participates in the planning and implementation of a community art project.

*Prerequisite(s):* For AT Majors. Effective Citizenship Level 3 completed. AE-285 or AT-285 completed; AE-386 or AT-386 or AT-396 completed or concurrent registration.,

**AT-485 Practicum in Art Therapy (4 credits)**

In this course, art therapy majors apply various aspects of therapeutic art techniques in nonschool settings with individuals and groups across the life span. The student draws on her knowledge of art techniques and art therapy methods, using art as a treatment medium to provide services.

*Prerequisite(s):* AT Majors only; AT-410 completed.