

# INTEGRATED STUDIES (IST)

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## **IST-475 Adv Sem: Integrate Foundatio/Bldg Future (2-4 credits)**

The course is designed to be a capstone experience for students who have changed the direction of their studies from a specialized major, to the broad-based Liberal Studies major. As a result of such a change, students often experience a "call" for evolution, or transformation of their sense of themselves: their personal and professional identity; their goals and future aspirations, and how their abilities might transfer to new contexts. Thus, the course will provide a variety of learning experiences and opportunities that will assist students to:

- . Integrate their learning from all of their previous courses and experiences;
- . Synthesize and articulate these expression of their Liberal Studies degree;
- . Connect their acquired knowledge, abilities, and skills to a variety of career applications;
- . Identify gaps in their knowledge, abilities, and skills that would be essential to their professional success, and develop a game plan to address them;
- . Investigate and engage with personal and professional resources available to them, e.g., through Career, Advising, ISC, Student Services, and academic sources, etc. [Some specific examples could be the Strong Interest Inventory; Strengths Finder; Myers-Briggs; Intellectual Autobiography; Bandura's framework for Self-Efficacy, Kolb Learning Style Inventory, and others TBD.

*Prerequisite(s):* For IST Majors only. Complete at least 110 credits within 2 semester of taking the course and Level 4 in majority of Abilities.