

PRE-PROFESSIONAL COUNSELING (PPC)

PPC-400 Foundations/Comm Psy & Counseling (4 credits)

This course provides the foundational principles of Community Psychology for students in the Pre-Counseling (PPC) program providing students with a foundation in counseling. Emphasis is on examining the major perspectives in community psychology and their application within cultural, global, historic and contemporary contexts. Students explore an array of strategies and policies promoting individual growth, high level community cohesion along with prevention and treatment of social and mental health problems. Students study, create and evaluate an array of programs and policies, particularly those designed to engender wellness, prevent violence and to address issues related to substance use disorders. Students develop skills in constructing reasonable psychological explanations for complex behavior and can solve problems solving, by evaluating and drawing upon a variety of psychological methods, including system analysis. Particular Attention is given to developing strategies that promote community-level change

PPC-401 Orientation to the Pre-Counseling Prog. (0 credits)

This orientation course is for new PPC students.

PPC-411 Human Development in Community Contexts Human Dev in Community Contexts (4 credits)

This is one of two foundational courses in the Pre-Counseling (PPC) program providing students with a foundation in counseling. Students engage with a variety of theoretical perspectives pertaining to human development and learning. Students apply these perspectives to broadly themed issues of identity, adjustment and normal, as well as abnormal behavior. These applications are made within an informed understanding of the impact of community contexts on both individual and group behavior. Students explore the processes of human development over the life span and consider the role of family, school, agency and government in the process of an individual's development.

PPC-420 Helping Rel: Preention, Intervention & Systems (4 credits)

This course provides students with a broad understanding of counseling through the perspective of a philosophic bases for the helping processes, counseling theories and their applications. Basic and advanced helping skills are explored in the context of developing effective empathic listening skills. Consultation theories are discussed and applied to case examples that addressing client and helper self-understanding and self-development. Students explore the process of change facilitated by a framework of strength and multiple models of prevention and intervention is addressed through developing an understanding of the complex systems which impact relationships.

PPC-425 Clinical Mental Health Counseling: Diagnosis & Treatment (4 credits)

Students learn the fundamental principles of counseling through the perspective of the origin, evaluation, interpretation and application of major theories within cultural, global, historic, and contemporary contexts. Many of the major theories influencing modern day thought were not derived from strict scientific methods, but essentially reflect philosophical assumptions, and the application of these theories to actual real-life situations as in counseling and psychotherapy, reflect creative acts, thereby showing that theories may function as art, the theories will be evaluated from the perspectives of philosophy, science and art in this course. Emphasis is given to the application of theories to an array of settings designed to promote prevention and treatment of psychological and social disorders on individual and community levels. Students study and evaluate a variety of therapeutic approaches and clinical settings through their own system of values. Students develop critical thinking abilities about complex issues in mental health. Emphasis is given to diagnostic and treatment, and prevention issues related to substance use disorders and violent behavior as it relates to effective counseling approaches.

PPC-427 Culturally Engaged Counseling (4 credits)

Students to learn to understand and value contributions from diverse groups and to recognize cultural influences on their own beliefs, values, and behaviors as they apply to the field of counseling. Socioeconomic, cultural, and political marginalization of disadvantaged groups are discussed in relation to clinical practice as professional counselors

PPC-440 Trauma Counseling (4 credits)

An overview of the issues and impacts of interpersonal trauma, primarily domestic and sexual violence, helping students develop a foundation for counseling specific situations. Individuals who have experienced trauma are conceptualized within a variety of contexts, including family, culture, community, and society. Course content includes: exploration of trauma and its impacts; tactics of offenders and differential impact on victims; trauma during childhood and adulthood; traumatic meaning making within the context of culture/identity; trauma in the context of poverty and oppression. Students gain broad knowledge of issues and impacts related to interpersonal trauma and develop skills in presentation, consultation, case conceptualization, and scholarly research.

PPC-480 Counseling Theory: Independent, Group, Family (4 credits)

This course prepares students for counseling practice across a variety of client populations. It focuses on the acquisition and practice of essential skills involved in therapeutic psychological intervention, covering a wide range of theoretical models (e.g., psychodynamic, cognitive-behavioral, feminist, person-centered, existential, behavioral).

PPC-485 Lifestyle & Career Development (4 credits)

This course provides students with the foundation to understand the inevitable need to engage in career guidance and decision-making which happens in the counseling process. The course helps those who are preparing for community research and consultation as since the issue of employment is a key issue for both individuals and organizations within the community. Students work with models of career counseling, career assessment inventories and interviews, theories of motivation and processes of decision-making as they relate to career needs and choices. The course engages students in the multi-faceted issues of unemployment and the support resources that are needed for the unemployed and under-employed.

PPC-500 Foundations/Comm Psychology & Counseling (4 credits)

This course has been designed to provide the foundational principles of Community Psychology for students in the Master of Science in Community Psychology (MSCP) program. Emphasis is given to examination of the major perspectives in community psychology and their application within, cultural, global, historic and contemporary contexts. The student explores an array of strategies and policies designed to promote individual growth, high level community cohesion along with prevention and treatment of social and mental health problems. The students studies, creates and evaluates an array of programs and policies, particularly those designed to engender wellness, prevent violence and to address issues related to substance use disorders. Across the semester, the student develops skills in constructing reasonable psychological explanations for complex behavior and is able to solve problems by evaluating and drawing upon a variety of psychological methods, including system analysis. Particular attention is given to developing strategies that promote community-level change.

PPC-501 Orientation to PPC Program (0 credits)

This orientation is designed for students who are starting the PPC Program.

PPC-511 Human Development in Community Contexts (4 credits)

This is one of two foundational courses in the Master of Science in Community Psychology program. In this class, students engage with a variety of theoretical perspectives that pertain to human development and learning. They will apply these perspectives to broadly themed issues of identity, adjustment and normal, as well as abnormal behavior. These applications will be made within an informed understanding of the impact of community contexts on both individual and group behavior. As students explore the processes of human development over the life span, they will consider the role of family, school, agency and government in the process of an individual's development.

Prerequisite(s): PSY 500 or PPC-500

PPC-520 Helping Rel: Prevention, Intervnt & Syst (4 credits)

This course has been designed to provide students with a broad understanding of the philosophic bases of the helping processes, counseling theories and their applications. Basic and advanced helping skills will be explored in the context of developing effective empathic listening skills. Consultation theories will be discussed and applied to case examples that address client and helper self-understanding and self-development. Students will explore the process of change as facilitated by a framework of strength and multiple models of prevention and intervention will be addressed through developing an understanding of the complex systems which impact helping relationships.

PPC-525 Clin Mntl Hlth Cnsl: Diagnosis& Treatmnt (4 credits)

This course focuses on the origin, evaluation, interpretation and application of the major theories within cultural, global, historic, and contemporary contexts. As many of the major theories influencing modern day thought were not derived from strict scientific methods, but essentially reflect philosophical assumptions, and the application of these theories to actual real-life situations as in counseling and psychotherapy, reflect creative acts, thereby showing that theories may function as art, the theories will be evaluated from the perspectives of philosophy, science and art in this course. Emphasis will be given to the application of the theories to an array of settings designed to promote prevention and treatment of psychological and social disorders on individual and community levels. Across the semester the students study and evaluate a variety of therapeutic approaches and clinical settings through their own system of values. Students develop critical thinking abilities about complex issues in mental health. Emphasis is given to diagnostic and treatment, and prevention issues related to substance use disorders and violent behavior.

Prerequisite(s): PPC-500

PPC-527 Culturally Engaged Counseling (4 credits)

This course orients students to the major theoretical perspectives and concepts of multicultural and cross-cultural counseling.

PPC-540 Trauma Counseling (4 credits)

This course provides an overview of the issues and impacts of interpersonal trauma, primarily domestic and sexual violence. Trauma victims are conceptualized within a variety of contexts, including family, culture, community, and society. Course content includes the following topics: exploration of trauma and its impacts; tactics of offenders and differential impact on victims; trauma during childhood and adulthood; traumatic meaning making within the context of culture/identity; trauma in the context of poverty and oppression. Students gain a broad knowledge of issues and impacts related to interpersonal trauma and develop skills in presentation, consultation, case conceptualization, and scholarly research.

Prerequisite(s): PPC-500

PPC-580 Counslng Theor: Ind, Grp, Faml (4 credits)

This course prepares students for counseling practice across a variety of client populations. It focuses on the acquisition and practice of essential skills involved in therapeutic psychological intervention, covering a wide range of theoretical models (e.g., psychodynamic, cognitive-behavioral, feminist, person-centered, existential, behavioral).

PPC-585 Lifestyle & Career Development (4 credits)