

PSYCHOLOGY PROGRAMS

Majors:

- Psychology (p. 2) (PSY.D.BS)
- Pre-Counseling (p. 3) (PPC.D.BS)

Minor:

- Psychology (p. 3) (PSY.D.SUP.2022)

Specialization

- Psychology (p. 3) (PSY.D.SPEC.2022)

Psychology Major/Minor Information:

The Psychology Department has organized its courses and experiences to develop student expertise in concepts, theories, and methods of psychology. Beginning students observe behavior scientifically and understand basic principles of psychology. Intermediate students are introduced to theoretical frameworks, research design, and scientific communication. Advanced students learn to integrate theory and experience in sophisticated attempts to understand the complexity of human behavior, including the pursuit of independent inquiries.

Psychological subspecialties, such as developmental, cognitive, physiological, and social psychology, serve as foundations for individual courses. These courses become analytical tools in the study of complex psychological issues. Students learn to apply both scientific methodology and psychological theory in situations encountered in actual professional settings. The Alverno psychology graduate completes their program with a thorough understanding of human behavior as well as technical skill in measuring thoughts, emotions, and behaviors.

Psychology Pre-Counseling Major Information:

Undergraduate students focus on the scientific study of normal and abnormal human behavior across the diverse subdisciplines of psychology, including developmental, cognitive, physiological, social, and cultural psychology. When work is complete, students begin training in counseling psychology, engaging with issues of healing and social justice. The courses prepare students to be skilled counselors while they learn how to address the important social issues that affect communities daily.

Psychology Specialization Information:

The specialization is a 10-credit option where students complete either PSY 250 Abnormal Psychology or BSC 255 Behavioral Science Research Methods, plus three 2-credit electives from 300-level elective offerings.

Learning Outcomes:

- Theoretical Reasoning: Construct plausible psychological explanations for complex human behavior relying on reasoning and evidence.
- Methodological Proficiency: Solve problems of human experience, using and evaluating a variety of methods.
- Professional Interaction: Interact and communicate with people in a variety of professional contexts.
- Self-Reflection: Be self-directed in using the tools of meta-cognition to accurately discern the quality of performance.

- Ethical Insight & Action: Respond to the needs of others with sensitivity to various perspectives.

Faculty

Sister Bernardin Deutsch, PhD, Professor,
Psychology, bernardin.deutsch@alverno.edu
(amy.hennings@alverno.edu)

In the early 1970s, Sister Bernardin, as an active member of the faculty, helped to develop what came to be known as the Alverno Abilities for learning and applying learning across the lifespan. Sister Bernardin chaired the faculty group that developed the social interaction ability, so necessary in teaching, nursing, and across the professional roles taken by graduates. Sister Bernardin has taught courses in developmental psychology, educational psychology, and the psychology of learning.

Amy Hennings, PhD, LCPC, Associate Professor,
Psychology, amy.hennings@alverno.edu

Taught at Alverno College since 2022. She has been teaching in higher education since 2004 and has worked in the field of psychology for almost thirty years. Her research has focused primarily on resiliency within high-risk college students and survivors of trauma.

Mikelene (Mikki) Ray, PhD, Professor,
Psychology, mikelene.ray@alverno.edu

Been faculty since 2009. Her area of expertise is neuroscience, particularly how learning and memory occur in the brain. She earned her doctorate from Virginia Commonwealth University. Her areas of research have involved head injury, depression, Parkinson's disease and Alzheimer's disease.

Paul C. Smith, PhD, Instructor and Professor Emeritus,
Psychology, paul.smith@alverno.edu

Worked in the Psychology Department since 1987. His specialization is in Learning Sciences. He holds a doctorate in Urban Education and masters degrees in Educational Psychology and Philosophy.

Joyce Tang Boyland, PhD, Instructor and Professor Emeritus,
Psychology, joyce.boyland@alverno.edu

Professor Emeritus of Psychology at Alverno College and affiliate faculty in linguistics at UW-Milwaukee. Her academic research at Harvard and UC Berkeley focused on questions of how information outside your head ends up as ideas inside your head, and how all that relates to how societies and cultures change.

Kris Vasquez, PhD, Professor, Psychology, kris.vasquez@alverno.edu

Studies prejudice, morality, and behavioral economics. She holds a doctorate in Social Psychology with additional degrees in Economics, Business, and User Experience Design. The national Society for the Psychological Study of Social Issues named her an outstanding teacher and mentor.

PSY Major Req

Psychology Major With General Education Requirements¹ (PSY.D.BS) 25-26 Catalog¹

Code	Title	Credits
GENERAL EDUCATION REQUIREMENTS		
AC-151	Initial Social Interaction Assessment	0
ADV-299	Intermediate Level Event	0
BSC-215	Working in Diverse Groups	2
Choose one Globally Effective Citizen Course: AHS-409, GEC-302, GEC-307, GEC-312, GEC-314, GEC-315, GEC-317, GEC-320, GEC-324, GEC-328, GEC-333, GEC-398		3
CM-120	Communication Seminar 1	4
CM-125	Communication Seminar 2	3
CM-225	Communication Seminar 3	3
FA-110	Intro to the Arts	4
HUM-150	Express/Interpretn Human Experience	4
HFA-210	Humanities & Fine Arts Elective	2
HFA-310	Humanities & Fine Arts Elective	2
FSS-125	First Semester Seminar	2
ILA-100	Introduction to the Liberal Arts @ Alverno	0
or ILA-200	Introduction to the Liberal Arts @ Alverno	
PPS-229	Career & Internship Planning	1
PSY-110	Life Span Development	4
QL-122	Quantitative Literacy in Modern World	4
or BU-151	Personal Finance	
QL-156	Mathematical Connections	3
BI, CH, PH Science Course With Lab		4
BEHAVIORAL SCIENCE		
BSC-255	Behavioral Science Research Methods	4
BSC-256	Probability & Statistics	4
PSYCHOLOGY COURSES		
PSY-250	Abnormal Psychology	4
PSY-301	Analytic Reading in Psychology	4
PSY-302	Classic & Contemporary Psychology Theory	4
PSY-350	Experimental Psychology	4
PSY-491	Senior Seminar	2
PSYCHOLOGY ELECTIVES: Choose 10 Credits From Below		10
PSY-321A	Neuroscience of Addiction	
PSY-321C	Neuroscience of Concussion	
PSY-323A	Conspiracy Theories	
PSY-323C	Human Language	
PSY-324A	Motivation and Persistence	
PSY-325A	Self-Awareness & Multicultural Competency	
PSY-325C	Child Psychopathology	
PSY-326A	Forgiveness	
PSY-326C	Music, Thought and Emotion	
PSY-326E	Happiness, Stress, Resilience	
PSY-497	Independent Study	
INTERN-383	Internship Seminar	2

GENERAL & MINOR ELECTIVES	37
Total Credits	120

¹ This Major requires a declared Minor.

PSY MAP

Psychology Major With General Education Map² 25-26 Catalog

Freshman			
Fall	Credits	Spring	Credits
AC-151		0 CM-125	3
BSC-215		2 HUM-150	4
CM-120		4 PSY-250	4
FSS-125		2 QL-156	3
ILA-100 or 200		0	
PSY-110		4	
QL-122 or BU 151		4	
	16		14
Sophomore			
Fall	Credits	Spring	Credits
ADV-299		0 BSC-256	4
BSC-255		4 HFA-210 ¹	2
CM-225		3 PPS-229	1
BI, CH, PH, SC Course with Lab		4 Minor Elective Course	4
FA-110		4 General Electives	4
	15		15
Junior			
Fall	Credits	Spring	Credits
GEC-300		3 PSY-301	4
HFA-310 ¹		2 PSY-302	4
PSY Elective		2 PSY Elective	2
PSY Elective		2 Minor Elective Course	3
Minor Elective Course		4 General Electives	2
General Electives		2	
	15		15
Senior			
Fall	Credits	Spring	Credits
INTERN-383		2 PSY-491	2
PSY-350		4 PSY Electives	2
PSY Elective		2 Minor Electives	4
Minor Elective Course		4 General Electives	7
General Electives		3	
	15		15
Total Credits 120			

¹ May choose HFA 210 (2 credits) and HFA 310 (2 credits) or HFA 250 (4 credits).

² Academic maps are to be used as a guide and assume a Fall start. Official course requirements for each student are housed in Self-Service/Student Planning. Course sequences are subject to change – check with the Academic Advising Office for updated maps.

PPC Major Req

Psychology Pre-Counseling with General Education (PPC.D.BS) Major Requirements 25-26 Catalog

Code	Title	Credits
GENERAL EDUCATION REQUIREMENTS		
AC-151	Initial Social Interaction Assessment	0
ADV-299	Intermediate Level Event	0
BSC-215	Working in Diverse Groups	2
Choose one Globally Effective Citizen Course: AHS-409, GEC-307, GEC-312, GEC-314, GEC-315, GEC-317, GEC-320, GEC-324, GEC-328, GEC-333, GEC-398		3
CM-120	Communication Seminar 1	4
CM-125	Communication Seminar 2	3
CM-225	Communication Seminar 3	3
FA-110	Intro to the Arts	4
HUM-150	Express/Interpretn Human Experience	4
HFA-210	Humanities & Fine Arts Elective ¹	2
HFA-310	Humanities & Fine Arts Elective ¹	2
FSS-125	First Semester Seminar	2
ILA-100	Introduction to the Liberal Arts @ Alverno	0
or ILA-200	Introduction to the Liberal Arts @ Alverno	
PPS-229	Career & Internship Planning	1
PSY-110	Life Span Development ()	4
QL-122	Quantitative Literacy in Modern World	4
or BU-151	Personal Finance	
QL-156	Mathematical Connections	3
SC-118	Human Biology	4
& 118L	and Human Biology Lab	
BEHAVIORAL SCIENCE		
BSC-255	Behavioral Science Research Methods	4
BSC-256	Probability & Statistics	4
PSYCHOLOGY COURSES		
PSY-250	Abnormal Psychology	4
PSY-301	Analytic Reading in Psychology	4
PSY-302	Classic & Contemporary Psychology Theory	4
PSY-350	Experimental Psychology	4
PSY-491	Senior Seminar	2
PPC-501	Orientation to PPC Program	0
PSYCHOLOGY ELECTIVES: Choose 10 Credits From Below		10
PSY-321A	Neuroscience of Addiction	2
or PSY-321C	Neuroscience of Concussion	
or PSY-323A	Conspiracy Theories	
or PSY-323C	Human Language	
or PSY-324A	Motivation and Persistence	
or PSY-325A	Self-Awareness & Multicultural Competency	
or PSY-326A	Forgiveness	
or PSY-326C	Music, Thought and Emotion	
or PSY-326E	Happiness, Stress, Resilience	
or PSY-497	Independent Study	
PSYCHOLOGY PRE-COUNSELING		
PPC-400	Foundations/Comm Psy & Counseling	4

PPC-401	Orientation to the Pre-Counseling Prog.	0
PPC-411	Human Development in Community Contexts Human Dev in Community Contexts	4
PPC-420	Helping Rel: Preention, Intervention & Systems	4
PPC-425	Clinical Mental Health Counseling: Diagnosis & Treatment	4
PPC-427	Culturally Engaged Counseling	4
PPC-480	Counseling Theory: Independent, Group, Family	4
PPC-485	Lifestyle & Career Development	4
INTERN-383	Internship Seminar	2
Total Credits		113

¹ Choose HFA 210 (2 credits) and AFA 310 (2 credits) or HFA 250 (4 credits)

Minor & Specialization Req

Psychology (PSY.D.SUP.2022) Minor Requirements 25-26 Catalog

Code	Title	Credits
BSC-255	Behavioral Science Research Methods	4
PSY-110	Life Span Development	4
PSY-250	Abnormal Psychology	4
Psychology Electives		8
Total Credits		20

Psychology (PSY.D.SPEC 2022) Specialization Requirements 25-26 Catalog

Code	Title	Credits
PSY-250	Abnormal Psychology	4
or BSC-255	Behavioral Science Research Methods	
Psychology Electives, Choose 6 Credits		6
Total Credits		10