

ART THERAPY (AT) MAJOR

What you will study

In order to use art effectively while working with others, you first need to develop a solid basis in studio art. Through creating works of your own, you develop abilities in imagining, reflecting, seeing, and feeling in art. Your ability to invent, experiment, and elaborate expands through your experience with various media.

You also study art history and art from other cultures, since studying art and art-making across time and cultures helps you better understand your own work and the work of others. Through reflecting on various aesthetic models, you learn to make artistic judgments, to recognize the artistic relationships necessary to produce art, and to appreciate the experience of art-making as an expression of personal growth and wellness.

You are introduced to the theory and practice of art therapy, psychology, and creative art processes through courses and on-site experiences that are designed to address a variety of participant populations and settings. You explore the various creative/expressive art therapies and the ways in which they can be applied in various contexts. You gain a foundation in psychological understanding through a broad sample of coursework in the field as well as introductory experience with behavioral science research.

The culmination of your undergraduate study of art therapy lies in your successful completion of a practicum and the senior art seminar/exhibit. With this foundation of knowledge in multiple areas of study, you are prepared for work as a creative arts facilitator while also being well positioned to apply for graduate study if you choose to continue your education.

| | | |
|--------------|--|-----|
| AT-215 | Art Therapy Field Experience 2 | 1 |
| AHS-252 | Medieval to Modern Art | 4 |
| A-399 | Formal Introduction to Advanced Work | 0 |
| A Elective | Art (A) Elective, 300 or 400 level | 12 |
| AHS Elective | Art History (AHS) Elective | 2-4 |
| AT-386 | Media & Methods in Art Therapy | 3 |
| AT-387A | Clinical Experience in Art Therapy | 1 |
| AT-395 | Ext Assessmnt Aesthetic Engagement Lev 4 | 0 |
| BSC-255 | Behavioral Science Research Methods | 4 |
| AT-482 | Ext Assessmnt Effective Citizenship Lev4 | 0 |
| PSY-250 | Abnormal Psychology | 4 |

Advanced Requirements

| | | |
|--------------|---|---|
| A-100 | Community Art/Design Midsemester | 0 |
| AT-396 | Art Therapy & Practical Application | 3 |
| AHS-409 | Modern & Contemporary Art | 3 |
| A-146 | Self Employment in the Arts | 1 |
| A-491 | Senior Art Seminar | 1 |
| A-492 | Expressive Arts Seminar | 3 |
| AT-410 | Art Therapy Field Experience 4 | 1 |
| AT-485 | Practicum in Art Therapy | 4 |
| AT-400 | Ext Assessmnt Aesthetic Engagement Lev 5 | 0 |
| AT-450 | Ext Assessmnt Aesthetic Engagement Lev 6 | 0 |
| PSY Elective | Psychology (PSY) Electives, 300 level or higher | 8 |

Requirements

| Code | Title | Credits |
|----------------------------------|--|---------|
| Beginning Requirements | | |
| A-100 | Community Art/Design Midsemester | 0 |
| A-121 | Analytic Drawing | 3 |
| A-122 | Expressive Drawing | 3 |
| AT-130 | Aesthetic Engagement Ext Assessmnt Lev 1 | 0 |
| A-134 | 2-D Design | 3 |
| A-189S | Form and Space | 4 |
| A-193C | Art in the Professions | 2 |
| AHS-210 | Ancient to Byzantine Art | 2 |
| AT-230 | Aesthetic Engagement Ext Assessmnt Lev 2 | 0 |
| A-234 | 3-D Design | 3 |
| A-262 | Graphic Design & Illustration | 3 |
| AT-210 | Art Therapy Field Experience 1 | 1 |
| AT-285 | Art Therapy | 3 |
| AT-330 | Aesthetic Engagement Ext Assessmnt Lev 3 | 0 |
| PSY-110 | Life Span Development | 4 |
| Intermediate Requirements | | |
| A-100 | Community Art/Design Midsemester | 0 |
| DA-115 | Fundamentals of Voice & Movement | 2 |
| A-147 | Grant Writing for Artists & Educators | 1 |
| A-221 | Beginning Figure Drawing | 3 |